



Spirit & Place Festival

NOURISH

NOV 2-12 2023



A FESTIVAL OF COMMUNITY-CREATED EVENTS
NOURISHING THE MIND, BODY, AND SOUL.

spiritandplace.org • festival@iupui.edu • 317.274.2462



IUPUI
SCHOOL OF LIBERAL ARTS
Spirit & Place

SPIRIT & PLACE IS HOUSED IN
THE IU SCHOOL OF LIBERAL ARTS
AT IUPUI.

NOURISH
your
AUDIENCE
with
UNIFIED
MARKETING

GROUP
Bohlsen

BOHLSENGROUP.COM

THANK YOU

Spirit & Place is a self-funded community initiative housed in the Indiana University School of Liberal Arts at IUPUI. As a collaborative endeavor, its work is made possible through the generous gift of talent, time, space, and money from hundreds of partners, all of whom are listed on our website.

SPECIAL THANKS



Lilly Endowment Inc.
A Private Philanthropic Foundation



Bohlsen GROUP



IUPUI
SCHOOL OF LIBERAL ARTS
Spirit & Place



IUPUI



**THE INDIANAPOLIS
FOUNDATION**
A CICF AFFILIATE



PENROD

IN GRATITUDE

The Church Within
JCC-Indianapolis
Flanner House
Global Village Welcome Center
The Amp at 16 Tech



About Spirit & Place



Spirit & Place is housed in the IU School of Liberal Arts at IUPUI and puts the liberal arts into action through the power of the arts, humanities, and religion. Our year-long projects and events utilize these three “civic tools” to bring people together in a spirit of adventurous civility and collaboration.

Our signature offering, the Spirit & Place Festival, is a multi-day festival of events independently created and hosted by the community with support from Spirit & Place. Spirit & Place provides a yearly theme, staff coaching on collaborative possibilities and event design, and promotional support. A team of community reviewers – not Spirit & Place staff – select festival events after an application process.

Celebrating the theme of NOURISH, we invite you to explore new ideas, jump into unique experiences, and break down your own barriers and silos to connect with others who may be quite different from you. Together, using the power of the arts, humanities, and religion, we can nourish both individual and community life.



Community Agreement

Everyone needs and deserves safe spaces where they are unconditionally loved and supported. But, as a society, we also need brave spaces. Spaces where we are challenged and pushed to our growing edge. Spaces where we willingly sit with discomfort. Spaces in which the goal is not necessarily to find common ground or agreement, but to practice the skills of listening and striving to see and appreciate the humanity of those around us. We ask festival goers to embrace an attitude of adventurous civility and join in a common agreement to:

- Be respectful.
- Never use racial or other derogatory slurs.
- Be present and attentive to those around you.
- Listen to understand, then speak to be understood.
- Be an active participant in the work that is needed.



If an idea or speaker triggers you, pause and take a breath before speaking. Do speak and participate in the moment though! Make sure to fill out an evaluation form and contact the event organizers directly.

WE WELCOME ALL!



The festival welcomes people of all backgrounds and abilities. Events are independently organized, and event organizers should be contacted as soon as possible – at least 48 to 72 hours prior to an event – to discuss accommodations.



Award of Awesomeness Nominees

Exemplifying Spirit & Place's mission to creatively use the arts, humanities, and/or religion to build civic bonds, "Award of Awesomeness" nominees are in the running for a cash prize that will be announced at the conclusion of the festival.

This year's nominees include:

- *Delicious Silence* (pg. 14)
- *How to Eat with Tuning Forks* (pg. 20)
- *Nourish: Testimonies about Food, Family, & Love* (pg. 19)
- *Forest Bathing to Nourish the Mind, Body, & Soul* (pg. 21)



Planning Your Festival Experience

- Unless noted, walk-in guests are welcomed at most festival events. However, registration is **strongly encouraged for all events** at spiritandplace.org.
- Events are free, unless otherwise noted.
- Most events are in-person with a couple of "hybrid" (in-person and online) events noted in the event guide.
- All events are subject to change.
- Guests feeling unwell are asked to stay home and those getting over an illness are asked to consider wearing a mask for the safety of others. (It's not just COVID, folks! November is cold and flu season too. Let's take care of each other.)

FESTIVAL AT-A-GLANCE



FESTIVAL KICK-OFF & PUBLIC CONVERSATION

Spirit & Place is delighted to open and close the festival with these events:

Spirit & Place Opening Night

Thurs., Nov. 2 | 6-8pm

Global Village Welcome Center

Family-Friendly Reception & Activities

pg 10

Nourish your sense of community by joining Spirit & Place as it kicks off the 28th annual Spirit & Place Festival with the tantalizing flavors of an opening night reception, engaging exhibits, and family-friendly activities at the Global Village Welcome Center, part of the Lafayette Square Coalition. Walk-in guests welcome.

28th Annual Spirit & Place
Conversation featuring Michael Twitty
Sun., Nov. 12 | 4:30-6pm

The Amp at 16 Tech

Moderated Conversation

pg 23

Close out the Spirit & Place Festival with a Public Conversation featuring culinary historian and author Michael Twitty and the hosts of "Black Girls Eating" for this LIVE AUDIENCE podcast recording.

THURS., NOV. 2

Opening Night Kickoff
6-8pm

FRI., NOV. 3

**Facing Grief: Nourishing
Loved Ones through Loss**
Phoenix Theatre
Performance (Theater)
5:30-7pm

**Sovereign Sustenance:
Indigenous Food Sovereignty
Talk and Cooking Demo**
Eiteljorg Museum
Lecture & Cooking
Demonstration (Hybrid)
6:30-8:30pm

**Making Room at the Table:
The Story of the
Philadelphia Eleven**
Newfields
Film Screening & Discussion
6:45-9:30pm

*Doors open at 6pm; optional dinner purchase

SAT., NOV. 4

**Buzz & Flutter: Cultivating,
Creating, & Caring for our
Pollinators**
Garfield Park Arts Center
Family-Friendly & Interactive
12-2:30pm

**Spirit-Filled Songs: Christian
Worship Music Then & Now**
New Joy Lutheran Church
Performance (Music)
4-5:30pm

SUN., NOV. 5

**Facing Grief: Nourishing
Loved Ones through Loss**
Unity of Indianapolis
Performance (Theater)
11:30am-1pm and 4-5:30pm

**Byakula: Nourishing Others
from Congo to Indy**
Northminster Presbyterian
Church
Lecture & Food Sampling
2-4pm

**Delicious Silence: Cooking,
Eating, & Community Care
without Saying a Word**
Indy's Kitchen
Community Meal 
11:30am-3pm

**More Than Words: Nourishing
the Myaamia Community
through Language and
Cultural Revitalization**
Eiteljorg Museum
Lecture & Panel Discussion
5-6:30pm

**Water into Wine, Bread into
Cake: A Musical Feast. Music
by Biber and Mozart**
Episcopal Church of All Saints
Performance (Music)
5-7pm

MON., NOV. 6

**East & West: Perspectives
on Nourishment**
IUPUI Campus Center
Interactive Lecture (Hybrid)
11am-12:30pm

**Indy Community Voices:
Storytelling for Tenants'
Empowerment**
The Amp at 16 Tech
Hands-On Activities
& Panel Discussion
5-8 pm

*Activities & food start at 5pm; remarks at 6pm.

**Nourishing Our Spirits: An
Interfaith Dinner with Center
for Interfaith Cooperation**
Indiana Interchurch Center
Community Conversation
& Dinner
5-7pm



AWARD OF
AWESOMENESS NOMINEE

TUES., NOV. 7

ELECTION DAY!

Verify your voter registration status and voting location at VOTE411.org.

They Stood Up: The Story of the Pendleton 2 & the Indiana Prisoner Rebellion of 1985

Central Library — Center for Black Literature & Culture
Film Screening & Discussion
6-8:30pm

Facing Grief: Nourishing Loved Ones through Loss

Phoenix Theatre
Performance (Theater)
7-8:30pm

WED., NOV. 8

No events scheduled

THURS., NOV. 9

Come to the Table: Interfaith Understanding Through the Culinary Arts

Franklin College
Tasting Reception & Lecture
6:30-8:30pm

Nourishing Words: Feeding the Whole with Poetry and Prose

The Church Within
Performance
(Spoken Word/Poetry)
6:30-8pm

Rooted in Love, Lifted in Strength: The Pettiford-Weaver Story

Eastern Star Church
Film Screening & Discussion
6-7:30pm

FRI., NOV. 10

Nourish: Testimonies about Food, Family, and Love

Broadway United Methodist Church (UMC)
Filming Screening & Community Conversation
4-7pm

**Doors open at 4pm; film begins at 5pm.*

Nourishing Democracy: Healthy IPS School Board Elections

MLK Community Center
Community Conversation
6-9pm

SAT., NOV. 11

Cultural Compost: Nourishing Places in the Footprints of Toxic History

Broad Ripple Park Family Center
Workshop
10am-12pm

How to Eat with Tuning Forks

Garfield Park Arts Center
Interactive Music-Making/
Brown Bag Lunch
12-2pm

Quiet as a Gateway

Indianapolis First Friends
Lecture & Meditative Practice
3-5pm

Nourish: Testimonies about Food, Family, and Love

Broadway UMC
Testimonies & Community Conversation
4-7pm

**Doors open at 4pm; programming begins at 5pm.*

SUN., NOV. 12

Forest Bathing to Nourish the Mind, Body, & Soul

Crown Hill Cemetery
Lecture & Outdoor Guided Walk
1-2:30pm

Art Feeding Empathy: A Burma-Congo Conversation on Peace

Central Library
Exhibit & Artist Talk
1:30-3pm

28th Annual Public Conversation featuring Michael Twitty

4:30-6pm

EXHIBITS

NOV. 3 – 22 | BUZZ & FLUTTER: HOW DOES YOUR GARDEN GROW?

Check out this delightful exhibit on gardens, bees, butterflies, and more at the Garfield Park Arts Center.

NOV. 2 – 12 | FOOD & FAITH

Be on the lookout for a poster exhibit on “food & faith” that will travel to select events during the festival!

RSVP PLEASE

Since the pandemic, we have noticed up to 60% of registered attendees do not show for (free) events. This can be very expensive and demoralizing for event creators. We get it! Life is stressful and plans change. Registration is **strongly encouraged** for all events so that organizers can best plan for your experience. If your plans change, please let the event organizers know as soon as possible. **THANK YOU!**

WHAT NOURISHES YOU?



A couple of years ago Spirit & Place Program Director Erin Kelley received *Black Food: Stories, Art, and Recipes from Across the African Diaspora, a Cookbook* by Bryant Terry (2021) as a Christmas present from a member of her book club. This turned out to be a gift that kept giving. (Thanks, Kathi!)

Not only did it introduce Spirit & Place to the writings of this year's Public Conversation speaker, Michael Twitty, but it inspired the creation of *What Nourishes You?* This limited-edition booklet is filled with essays, recipes, and poems from local creatives and Spirit & Place friends who were simply asked, "What nourishes you?"

While not as robust as the 300+ page *Black Food* – which we encourage you to check out! – it is filled with heart-felt and beautiful writings on the nature of nourishment. From reflections on faith and family to poetry and shared recipes, we hope you will find inspiration and delight from this collection. It is our gift of thanks for being a part of this year's Spirit & Place Festival.

THANKS TO OUR CONTRIBUTORS!

Maria Hamilton Abegunde
Mary Boggs
Darren Chittick
Jennifer Delgadillo
Rhonda Fox Waltz
Clockwork Janz

Lasana Kazembe
George Kelley
Kavita Mahoney
Rima Shahid
Shamira Wilson

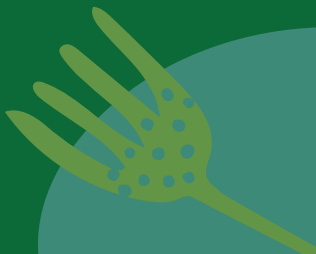
FOOD & FAITH POSTER EXHIBIT



Every living thing needs nourishment to survive. As humans though, we ideally do more than just survive. We thrive. To do that we need more than sustenance. We need to make and listen to music. We need to dance. We need the rhythms of poetry, the words of great literature and stories, and the beauty of art to truly nourish us so that we might thrive. And for many, faith is needed. Spiritual traditions that invite us to examine what it means to be human, how to live our values in both individual and public life, and how to live in relationship with others are what inspire millions to thrive.

Spirit & Place honors this and was intrigued by the ways food and faith intersect across varied religious traditions to provide nourishment for both the body and soul. Thanks to the efforts of local public historian Eloise Batic, you can check out a poster exhibit on “Food & Faith” at the festival’s opening night event and at select events during the festival.

We could not cover every faith tradition in a few posters and invite you to tag us on social media (#SPIndy) with your cherished stories of food and faith so that we might continue to learn and grow together.





SPIRIT & PLACE OPENING NIGHT

RECEPTION, HANDS-ON ACTIVITIES, & EXHIBITS

THURS., NOV. 2, 6-8PM

Global Village Welcome Center
4233 Lafayette Rd.

FREE



Nourish your sense of community by joining Spirit & Place as it kicks off the 28th annual Spirit & Place Festival with the tantalizing flavors of an opening night reception, engaging exhibits, and family-friendly activities. Walk-in guests welcome!

Smell and sample delicious cuisine from area restaurants while viewing community-curated exhibits celebrating the myriad of cultures who call the west side of Indianapolis home. You can also learn how food and faith intersect through a poster exhibit commissioned by Spirit & Place and participate in creative, hands-on family-friendly activities. 317-274-2462 or festival@iupui.edu.

NOURISH YOUR SENSE
OF COMMUNITY



PERFORMANCE (THEATER)

Facing Grief: Nourishing Loved Ones through Loss

FRIDAY, NOV. 3, 5:30-7PM

SUNDAY, NOV. 5, 11:30AM-1PM and 4-5:30PM

TUESDAY, NOV. 7, 7-8:30PM

Phoenix Theater Cultural Center (Nov. 3 & 7) – 750 N. Illinois St.

Unity of Indianapolis (Nov. 5) – 907 N. Delaware St.

**The 11:30am performance at Unity will follow a specially themed 10am worship service. All are welcome. Accommodation upon request.*



Many people don't know what to say or do when a loved one experiences profound grief. Through live theatrical enactments and original music, audiences are invited to practice reacting to loss and supporting those they love. A partnership between Sapphire Theatre Co.; Phoenix Theatre Cultural Center; Unity of Indianapolis Church; Jon Swanson, PhD.; DeAndrea Dycus, and Congregation Beth-El Zedeck. 317-966-7529 or andrea@sapphiretheatre.com.



LECTURE & COOKING DEMONSTRATION (HYBRID)

**Sovereign Sustenance:
 Indigenous Food Sovereignty Talk
 and Cooking Demo**

FRIDAY, NOV. 3, 6:30-8:30PM

Eiteljorg Museum of American
 Indians and Western Art



Courtesy
 Shelby McGrady

Chef and founder of *Indigikitchen* Mariah Gladstone will talk about the significance of Indigenous food sovereignty and conduct a cooking demonstration of one of her recipes. Attendees will also hear from Felica Ahasteen-Bryant, director of the Native American Educational and Cultural Center (NAECC) at Purdue University, and Dani Tippmann, director of Community Food Programs for the Miami Tribe of Oklahoma.



FILM SCREENING & DISCUSSION

**Making Room at the Table:
The Story of the Philadelphia Eleven**

FRIDAY, NOV. 3, 6:45-9:30PM

The Toby at Newfields – 4000 N. Michigan Rd.
Doors open at 6pm for an optional pre-paid dinner.
Closed captioning provided; ASL upon request.



Watch *The Philadelphia Eleven*, a compelling new documentary film about the first women to become Episcopal priests. Join a panel discussion with the filmmaker, two of the Eleven, and some of Indy's trailblazing female religious leaders. A partnership between Trinity Episcopal Church, Indianapolis; St. Paul's Episcopal Church, Richmond; and the Episcopal Diocese of Indianapolis.

317-926-1346 or communications@trinitychurchindy.org.



FAMILY-FRIENDLY & INTERACTIVE

**Buzz & Flutter:
Cultivating, Creating,
& Caring for our Pollinators**

SATURDAY, NOV. 4, 12-2:30PM

Garfield Park Arts Center
2432 Conservatory Rd.



Eastern Black Swallowtail – Courtesy Renee Rule

Make art while also learning from community gardeners, beekeepers, and even chefs on how we can work to sustain and nourish our pollinator friends – bees and butterflies! Guests can also check out the exhibit *Buzz & Flutter: How Does Your Garden Grow*. A partnership between Ivy Tech Community College Central Indiana including the Culinary, Early Childhood Education, English, Fine Arts and Hospitality programs and Garfield Park Arts Center.

317-916-7832 or srobertson99@ivytech.edu.

INTERACTIVE PERFORMANCE (MUSIC)

**Spirit-Filled Songs:
 Christian Worship Music
 Then & Now**

SATURDAY, NOV. 4, 4-5:30PM

New Joy Lutheran Church
 Main Sanctuary
 316 W. 156th St., Westfield
 ASL interpreted



Faithful Friends Band

Experience a participatory concert of Christian music spanning decades and genres ranging from traditional hymns to South African songs performed by the multi-racial *Faithful Friends Band*. A partnership between churches and congregants of Walk in the Light Christian Church, Traders Point Christian Church, Alive in the Word, Glory to God Christian Church, Little Bethel Missionary Baptist Church, and New Joy Lutheran Church, with support from the Indianapolis Great Banquet. 317-691-9670 or rvertner@yahoo.com.



LECTURE & FOOD SAMPLING

**Byakula: Nourishing Others
 from Congo to Indy**

SUNDAY, NOV. 5, 2-4PM

Northminster Presbyterian Church
 1660 Kessler Blvd. East Dr.



“Byakula” is the Congolese word for nourishment, and you are invited to join in an afternoon of learning, listening, fellowship, and a taste of Congo! A partnership between Northminster Presbyterian Church and Exodus Refugee Immigration. 317-251-9489 or office@northminster-indy.org.



COMMUNITY MEAL

Delicious Silence: Cooking, Eating, & Community Care without Saying a Word

SUNDAY, NOV. 5, 11:30AM-3PM

Indy's Kitchen – 2442 Central Ave.
RSVP by Oct. 20, seating limited to 24.
ASL upon request



Prepare lunch with a group of strangers and eat it together, all in silence. Afterwards, reflect, via facilitated mindful dialogue, on your communal experience and what it means to nourish and be nourished. Registration required due to limited seating. A partnership between Indy Community Yoga, the Indianapolis Zen Center, and Indy's Kitchen. 317-296-4540 or hello@indycommunityyoga.org.



LECTURE & PANEL DISCUSSION

More Than Words: Nourishing the Myaamia Community through Language and Cultural Revitalization

SUNDAY, NOV. 5, 5-6:30PM

Eiteljorg Museum of American Indians and Western Art
500 W. Washington St.
ASL interpreted



Myaamia Center

Featuring Daryl Baldwin, founding director of the Myaamia Center, discover the ways language nourishes deep connections to self and community through this interactive presentation on efforts to revitalize indigenous culture and languages. A partnership between IU School of Liberal Arts at IUPUI linguist student Kayla McVeigh, American Indian, and Linguistics Programs; and Eiteljorg Museum of American Indians and Western Art. 317-274-2462 or festival@iupui.edu.

PERFORMANCE (MUSIC)

Water into Wine, Bread into Cake: A Musical Feast.
Music by Biber and Mozart
SUNDAY, NOV. 5, 5-7PM

Episcopal Church of All Saints Sanctuary
1559 Central Ave.



Colette Abel

Through classical music, Colette Abel and The Abel Family Quartet share the story of two miracle children: Jesus and Mozart. Come to a musical smorgasbord sure to nourish your soul! A partnership between musician Colette Abel, the Indianapolis Chamber Orchestra, and Episcopal Church of All Saints.
317-635-2538 or admin@allsaintsindy.org.



INTERACTIVE LECTURE (HYBRID)

East & West: Perspectives on Nourishment
MONDAY, NOV. 6, 11AM-12:30PM

IUPUI Campus Center
Rm. 409, 420 University Blvd.
ASL upon request



Explore the root differences between eastern and western philosophies, practices, and traditions related to the idea of “nourishment” for the body and soul in this interactive lecture complete with finger exercises! A partnership between IU School of Liberal Arts World Languages and Cultures, and Religious Studies Departments at IUPUI; The Church Within; and the Center for Interfaith Cooperation.
317-691-0263 or jw41@iupui.edu.



HANDS-ON ACTIVITIES & PANEL DISCUSSION

**Indy Community Voices:
Storytelling for Tenants'
Empowerment**

MONDAY, NOV. 6, 5-8 PM

The Amp at 16 Tech
1220 Waterway Blvd.

*Food & activities begin at 5pm;
panel remarks at 6pm.*



Wildstyle Paschall

Housing is a basic human need. This event invites communities in Indy to share their experiences and envision paths for affordable housing stability, which is central to human and community nourishment. A partnership of Indy Community Voices Podcast; Patricia Basile, assistant professor in the IU Department of Geography in Bloomington; and Andy Beck, community designer with the Learning Tree, equitable development consultant. 434-242-1012 or indyhousingproject@gmail.com.



COMMUNITY CONVERSATION & DINNER

**Nourishing Our Spirits: An Interfaith
Dinner with Center for Interfaith Cooperation**

MONDAY, NOV. 6, 5-7PM

Indiana Interchurch Center
1100 W. 42nd St.

RSVP by October 30, seating limited to 50.



Enjoy conversation over dinner with members from across Indianapolis's faith communities on the ways food rituals and practices sustain faith. A partnership between Center for Interfaith Cooperation, Sufi Ruhaniat International, Indiana Pagan Community Outreach and Dialogue, Hindu Temple of Central Indiana, Sikh Satsang Indianapolis, and Congregation Beth-El Zedeck. 317-268-5300 or josih@indycic.org.

FILM SCREENING & DISCUSSION

They Stood Up: The Story of the Pendleton 2 & the Indiana Prisoner Rebellion of 1985

TUESDAY, NOV. 7, 6-8:30PM

Central Library
Center for Black Literature & Culture
40 E. St. Clair St.



View a screening of *The Pendleton 2: They Stood Up*, a groundbreaking new documentary that tells the story of political prisoners John “Balagoon” Cole and Christopher “Naeem” Trotter, the leaders of the 1985 Indiana prison uprising that saved a man’s life. Directed by Too Black and TheKingTrill. A partnership between Defense Committee for the Pendleton 2 and IDOC Watch. 317-274-2462 or thependleton2@gmail.com.



TASTING RECEPTION & LECTURE

Come to the Table: Interfaith Understanding Through the Culinary Arts

THURSDAY, NOV. 9, 6:30-8:30PM

Franklin College, Napolitan Student Center
Branigin Room – 101 Branigin Blvd., Franklin
ASL upon request



COME to the TABLE

Join us for an engaging evening of food, fellowship, and exploration around how different faiths interact with food and spiritually. Enjoy a tasting reception followed by a presentation from Dr. Adrian Miller, award-winning author of *Soul Food: The Surprising Story of an American Cuisine, One Plate at a Time*. A partnership between Franklin College, Center for Interfaith Cooperation, and Interchurch Food Pantry. 317-738- 8140 or hadamsingram@franklincollege.edu.

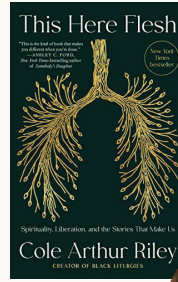


PERFORMANCE (SPOKEN WORD/POETRY)

Nourishing Words: Feeding the Whole with Poetry and Prose

THURSDAY, NOV. 9, 6:30-8PM

The Church Within
1125 Spruce Street
ASL upon request



Experience the poetry and prose of *New York Times* bestselling author Cole Arthur Riley alongside young, local BIPOC poets and storytellers as they not only consider but deliver the nourishing power of words. A partnership between The Church Within, The Episcopal Diocese of Indianapolis, The Philippine Cultural Community Center, and The Kneeland Center for Poetry, Inc. with support from Ujamaa Community Bookstore. 317-683-0829 or thechurchwithin@thechurchwithin.org.



FILM SCREENING & DISCUSSION

Rooted in Love, Lifted in Strength: The Pettiford-Weaver Story

THURSDAY, NOVEMBER 9, 6-7:30PM

Eastern Star Church, Main Campus
5750 E. 30th St.

Reception at 6pm, film screening at 6:30pm.



Loving Life Productions, LLC and the Pettiford-Weaver Family

Rooted in Love, Lifted in Strength is a documentary following the Pettiford-Weaver family—descendants of one of the first Black settlements in Indiana. Through faith, family, and fortitude they have nourished one another at family reunions for 100+ consecutive years and celebrated their heritage with ownership of their recently reclaimed historic land. A partnership between Loving Life Productions, LLC; the Pettiford-Weaver Family; and WFYI Public Media. 317-413-0926 or PettifordWeaverLand@gmail.com.

FILMING SCREENING & COMMUNITY CONVERSATION

Nourish: Testimonies about Food, Family, and Love

FRIDAY, NOV. 10 AND SATURDAY, NOV. 11, 4-7PM

**Broadway United Methodist Church Fellowship Hall
609 E. 29th St.**

*Doors open at 4pm;
programming starts at 5pm.*



The Testimony Service

A two-day celebration focused on the healing powers of food, community, and spirituality featuring films, food, and testimonies from Black femme creators. November 10 will feature a film screening, dinner, and discussion. November 11 will feature testimonies and reflections. A partnership between The Testimony Service and The Center for Religion, Arts, and Culture. 317-413-1239 or TheTestimonyServiceOnline@gmail.com.



COMMUNITY CONVERSATION

Nourishing Democracy: Healthy IPS School Board Elections

FRIDAY, NOV. 10, 6-9PM

**MLK Community Center
40 W. 40th St.**



Constitutional republics must be nourished to stay viable. As school board elections offer a microcosm of democracy, what does IPS board history teach us about the democratic process and what citizens can do to nurture their own sense of civic empowerment? A partnership between Charles E. Loflin & Virginia P. Vornehm-Loflin Center on IPS History, the Black & Latino Policy Institute, Virgil and Sheila Boyd, Wyse Ra, Rev. Dr. Thomas L. Brown, and artists Dr. Monday, Clyde Gaw, and Clockwork Janz. 317-998-1339 or johnharrisloflin@yahoo.com.



WORKSHOP

Cultural Compost: Nourishing Places in the Footprints of Toxic History

SATURDAY, NOV. 11, 10AM-12PM

Broad Ripple Park Family Center
1426 Broad Ripple Ave.



IU School of Liberal Arts Museum Studies Program at IUPUI

This hands-on workshop will help you develop personal stories related to places of environmental harm and then use those stories to nourish the ongoing work of environmental justice. A partnership between the IU School of Liberal Arts Museum Studies Program at IUPUI and Indy Parks and Recreation. 317-327-7161 or Kavita.mahoney@indy.gov.



INTERACTIVE MUSIC-MAKING/BROWN BAG LUNCH

How to Eat with Tuning Forks

SATURDAY, NOV. 11, 12-2PM

Garfield Park Arts Center
2432 Conservatory Rd.

Collectively create a soundscape by eating lunch in front of microphones, banging on kitchen percussion, and talking about the foods that nourish you. A partnership between Clockwork Music, Arts with a Purpose, and Garfield Park Arts Center. 317-345-0176 or clockworkmakesmusic@gmail.com.



Ankh Productions



LECTURE & MEDITATIVE PRACTICE

Quiet as a Gateway
SATURDAY, NOV. 11, 3-5PM

Indianapolis First Friends
Main Meeting Room
3030 Kessler Blvd., East Dr.
ASL upon request



Join in as a Friends (Quaker) minister, philosophy scholar of Buddhism, art therapist, and a meditation instructor guide attendees in paths leading to a quiet state. A partnership between IUPUI Senior Academy and Indianapolis First Friends Meeting. 317-627-3147 or cyfitzpatrick@gmail.com.

LECTURE & OUTDOOR GUIDED WALK

**Forest Bathing to Nourish
the Mind, Body, & Soul**
SUNDAY, NOV. 12, 1-2:30PM

Crown Hill Cemetery, Waiting Station
3402 Boulevard Pl.
RSVP by Nov. 11, limited to 20 guests.
ASL upon request



Enjoy a 60-minute guided walk through Crown Hill Cemetery's Arboretum that will nourish an appreciation for the benefits of nature. A partnership between Crown Hill Heritage Foundation, Indiana DNR—Division of Forestry, and Wanderwood Studio. 317-920-2644 or jrdinius@crownhill.org.



EXHIBIT & ARTIST TALK

**Art Feeding Empathy: A Burma-Congo
Conversation on Peace**

SUNDAY, NOV. 12, 1:30-3PM

Central Library
Indiana Special Collections Room
40 E. St. Clair St.



Two artists – one from Myanmar and the other from the Democratic Republic of Congo – share their work to demonstrate how seeing life through the lens of another nourishes the spirit of empathy. A partnership between Patchwork Indy, Crane Center for Mass Atrocity Prevention, and Two Kites Media. 317-488-8894 or patchworkindy@gmail.com.



A FESTIVAL OF
COMMUNITY-CREATED
EVENTS NOURISHING THE
MIND, BODY, AND SOUL.





28TH ANNUAL PUBLIC CONVERSATION

featuring Michael Twitty

MODERATED CONVERSATION

SUN., NOV. 12, 4:30-6PM

The Amp at 16 Tech
1220 Waterway Blvd.
ASL interpreted

Close out the Spirit & Place Festival with a Public Conversation featuring culinary historian and author Michael Twitty and the hosts of “Black Girls Eating” for this LIVE AUDIENCE podcast recording!



BLACK GIRLS EATING PODCAST

In his first book, *The Cooking Gene: A Journey Through African American Culinary History in the Old South*, Twitty traces his ancestry through food from Africa to America and from slavery to freedom. In his latest book, *Kosher Soul: The Faith and Food Journey of an African American Jew*, he wrestles with not only who makes food, but how food *makes* people. As a Jewish convert, Twitty sees African-Jewish cooking as a “dialogue of diaspora” offering insights into sustenance for the soul.

In an exciting and new format for The Public Conversation, guests are invited to see and hear Twitty speak in a moderated podcast hosted by Tanorria Askew and Candace Boyd of “Black Girls Eating.” Audience members will be given a chance to interact with each other and the speakers during a book signing and reception catered by vendors located in The Amp, which is part of the 16 Tech Innovation District. A partnership between Spirit & Place, JCC Indianapolis, Flanner House, and The Amp. This event has been made possible in part through a grant from Indiana Humanities in cooperation with the National Endowment for the Humanities.
317-274-2462 or festival@iupui.edu.



Support Our Work

**DID YOU KNOW MOST OF
SPIRIT & PLACE'S FUNDING
– OVER 95%! – IS RAISED
THROUGH COMMUNITY
CONTRIBUTIONS INCLUDING
GRANTS AND DONATIONS?**

In other words, our work would not be possible without your support. **YOU** are the reason we are able to create people-centered events and dialogues such as *Powerful Conversations on Race* and *Civic Circles*. You are also the ones who help make the Spirit & Place Festival possible.

**For more information, contact
Pam Blevins Hinkle at pbhinkle@iupui.edu.**



Please support our work
by scanning the QR code
to make a gift today.





SPIRIT & PLACE
FESTIVAL 2024

GRATITUDE

NOVEMBER 1-10, 2024

Imagine what Central Indiana would look and feel like if we practiced 10 days of gratitude? If we collectively reflected, enacted, and demonstrated what it means to give, accept, and center a spirit of appreciation while sharing space with strangers, wrestling with new ideas, and creatively expressing ourselves?

Gratitude plays a role in several of the world's religions, influences ancient and modern philosophical thought, and finds expression in a range of artistic practices. In November of 2024, Spirit & Place invites you to move beyond clichéd interpretations of "thanksgiving" to explore the theme of **GRATITUDE** in all its depth and meaning.

Early January: Application Guidelines Released

Early to Mid-May: Application Deadline

Contact festival@iupui.edu to learn more.





“

The event was one of the most thought provoking and thoughtful conversations I've participated in recently. That's what I've come to expect from Spirit & Place and I'm so grateful for it.

— FESTIVAL EVENT ATTENDEE



SUPPORT THE WORK OF SPIRIT & PLACE

To learn more about events and register to attend, visit:

spiritandplace.org



IUPUI
SCHOOL OF LIBERAL ARTS
Spirit & Place

SPIRIT & PLACE IS HOUSED IN
THE IU SCHOOL OF LIBERAL ARTS
AT IUPUI.